The London Buddhist Centre can be found at:
51 Roman Road, Bethnal Green, London E2 0HU
(on the corner of Roman Road and Globe Road, entrance on Globe Road)

Or you can contact them by:
Telephone: 0845 456 4716
Web: www.lbc.org.uk
E-mail: info@lbc.org.uk
Fax: 020 8980 1960
The reception is open 10am-5pm Monday-Friday

Local transport includes:
Underground: Bethnal Green (Central line) or Stepney Green (District line)
Buses: 8, 309, D6
Train: Bethnal Green, Cambridge Heath
Car: There is limited on-street metered car parking available near the centre